



Department of Prasuti Tantra and Stree Roga

Presents

NAIPUNYA - 2025

STATE LEVEL WORKSHOP

ON 23/05/2025

Evidence based Practice in Stree Roga (PCOS, Endometriosis, AUB) with Hands on Training on Uttara Basti

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EMAIL : naipunya2025@gmail.com

LOCATION !

SDM COLLEGE OF AYURVEDA AND HOSPITAL, THANNIRUHALLA
HASSAN, KARNATAKA.

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Assistant Professor

Dr Shilpa rani A

Assistant Professor

Dr Anagha S

Assistant Professor

PG Scholars

Department of Prasuti Tantra and Stree Roga

PROGRAM SCHEDULE

8.00AM-8.30AM- Breakfast

8.30AM-9.00AM- Registration

9.00AM-10.00AM - Inauguration

10.15AM-11.00AM- Scientific Session 1

11.00AM-11.15AM-Refreshment

11.15AM-12.00PM-Scientific Session 2

12.00PM-1.00PM- Paper Presentation

1.00PM-2.00PM- Lunch

2.00PM-3.00PM- Scientific Session 3

3.00PM-4.00PM- Uttarabasti- Hands on Training

4.00PM-4.30PM- Panel Discussion

4.30PM-5.00PM- Valedictory & Prize Distribution

Scientific Sessions

Scientific Session 1- Clinical milestones on Endometriosis

Dr. Chaithra Niranjana
CEO, Tanya Speciality Hospital
Hassan



Scientific Session 2- Understanding on Management of PCOS

Dr Lalitha H V
Founder, Ananya Ayurveda
Clinic and Panchakarma
Center, Bangalore



Scientific Session 3- Management of Heavy Uterine Bleeding requiring Hospitalisation

Dr Shubhankari P Rao
Founder, Shubha Ayurveda
Centre, Bangalore



Themes for Paper Presentation

- Diet and Lifestyle for Female reproductive Health
- Role of Panchakarma in Stree Roga
- Research updates in Stree Roga
- Yoga and Pranayama for Reproductive Health
- Sthanika Chikitsa in Stree Roga
- Uttara Basti in Stree Roga

Paper Presentation details

- Abstract - IMRAD format
- Word limit- 300 words
- Font- Times new roman
- Font size- Heading 14, Body 12
- Submit to-
naipunya2025@gmail.com
- Last date for abstract submission-20/05/2025

Registration Details

SDM COLLEGE OF AYURVEDA
princip94482@barodampay



Registration Fees

₹1000/-